

Rockway Centre

1405 King St. E., Kitchener
519-741-2507

Services for adults 50 years and older. Offers recreation programs, leisure courses, special events, and social activities. Daily hot lunch available for a fee.

Victoria Hills Community Centre

10 Chopin Dr., Kitchener
519-741-2717

Offers social and leisure programs for all ages. Services include: Library Links and outreach worker.

Waterloo Public Library *

35 Albert St., Waterloo
519-886-1310

Offers reading and audio visual material. Programs for children. Visiting Library Service: books and audio books delivered to people who are homebound.

Waterloo Adult Recreation Centre *

185 King St. S., Waterloo
519-579-1020

Social and recreational activities for seniors. Drop-in centre.

Wing 404 RCAFA/Rotary Adult Centre *

510 Dutton Dr., Waterloo
519-888-6356

Social and recreational activities for seniors.

The following sites are available to the people they directly serve. Call for more information:

ACCKWA

(AIDS Committee of Cambridge, K-W and Area)

2B-625 King St. E., Kitchener
519-570-3687

Seeks to mobilize the community to respond effectively and with compassion through education, support and advocacy for individuals infected with and affected by HIV.

Anselma House

Confidential Location

Main telephone: 519-741-9184

24-Hour Crisis line: 519-742-5894, 1-877-419-1517

Provides emergency shelter, outreach services and crisis support for women and their children who are victims of abuse.

Canadian Mental Health Association

Centre for Mental Health

67 King St. E., Kitchener

519-744-7645

Services include information and education related to mental health issues for the community through the Resource Centre and the Library. Individualized support services are available for individuals who experience significant mental health issues.

Mennonite Coalition for Refugee Support

58 Queen St. S. (Upstairs), Kitchener

519-571-1912

Assists with the Refugee Determination Process, immigration proceedings, settlement, and other needs as identified by clients.

ROOF (Reaching Our Outdoor Friends)

242 Queen St. S., Kitchener

519-742-2788

Provides front line support counselling, and outreach to street youth and youth in transition 12-25 years. Helps meet basic needs for shelter, hygiene, food and clothing. Programs include Housing Support, Substance Abuse Prevention, Sexual Health Clinic, Lunch Box, Anger Management, food hampers, crisis counselling, prescription subsidies and hot meals.

YWCA - Mary's Place

84 Frederick St., Kitchener

519-744-0120

Provides supportive, temporary shelter for women and families with children under 17.



Connect KW

Community Internet Access
in Kitchener-Waterloo

ConnectKW is an initiative led by the Social Planning Council of Kitchener-Waterloo, in partnership with numerous local organizations, to create a network of community Internet access sites throughout Kitchener-Waterloo. Its development has been funded by the Government of Canada through Industry Canada's Urban Community Access Program.

For more information about ConnectKW and other community internet access call 519-579-3800.

**From outside Waterloo Region call
1-877-579-3859**

Website: www.waterlooregion.org/connectkw

Email: admin@waterlooregion.org

Social Planning Council
of Kitchener Waterloo  Community Information Centre
of Waterloo Region



Industry
Canada Industrie
Canada

Revised July 2009

*The Electronic Blue Book is not available at these sites.



www.waterlooregion.org/connectkw

Free Internet Access in Kitchener-Waterloo



Places to go to use a computer

Check e-mail

Surf the web

Use Word and Excel

Search the Electronic Blue Book

(Community services information)

Update your résumé

Search for jobs

... and more ...

Free computer access and other services are available at the following sites throughout the Cities of Kitchener and Waterloo:

Anishnabeg Outreach

151 Frederick St., Suite 501, Kitchener
519-742-0300

Assists Aboriginal individuals with their search for employment, training and educational opportunities. Provides culturally appropriate services with a holistic approach to career decision making.

K-W Access-Ability

105 University Ave. E., Waterloo
519-885-6640

Information and resource centre providing social, recreational, educational programmes and services for persons with physical disabilities. Provides an environment that supports self-determination for physically challenged people, based upon the principles of choice, equality, co-operation and mutual respect.

K-W Multicultural Centre

102 King St. W., Kitchener
519-745-2531

Provides services and support to new Canadians that include job search, training supports, translation and interpretation, settlement assistance and counselling.

Our Place Family Resource Centre

(St. Francis School) 154 Gatewood Rd., Kitchener
519-571-1626

Drop-in programs for parents, caregivers, and young children. Offers simultaneous ECE-led children's programs and programs for parents/caregivers.

Community Ministry

825 King St. W., Kitchener
519-743-6309

Promotes activities to bring neighbourhood residents and church members together to address mutual needs and concerns, providing activities to support and nurture a healthy community.

Social Planning Council of Kitchener-Waterloo

151 Frederick St., Suite 300, Kitchener
519-579-3800, 1-877-579-3859

Performs social research and community building, often in partnership with other groups. The Community Information Centre of Waterloo Region is a program of Social Planning Council K-W, and provides information about and referral to community services

Working Centre*

58 Queen St. S., Kitchener
519-743-1151

Self directed online computer training; Introduction to computers, Word, Excel, and A+ hardware training. Fees approximately \$5/month for training; call for test costs. Low cost refurbished computers, available for purchase through their recycle program.



Free computer access is also available at the following Community Centres and Libraries:

Breithaupt Centre

350 Margaret Ave., Kitchener
519-741-2502

Is a multi-service community centre with 2 indoor pools, meeting room facilities, and gymnasium. They provide recreational programs for all ages.

Centreville-Chicopee Community Centre

141 Morgan Ave., Kitchener
519-741-2490

Provides educational, social, and recreational programs for all ages. This centre is equipped with a multi-purpose room, meeting rooms, creative playground, and outdoor basketball court.

Country Hills Community Centre

100 Rittenhouse Rd., Kitchener
519-741-2596

Offers a range of recreational opportunities for children, youth adults and seniors, including programs in the areas of sports, fitness, music, dance, drama, and martial arts. Part time Outreach worker, available.

Country Hills Community Library

1500 Block Line Rd., Kitchener
519-743-3558

Offers reading and audio visual material.

Downtown Community Centre

35 Weber St. W., Kitchener
519-741-2501

Multi-use facility that caters to all age groups. Programs offered include dance, martial arts, crafts, and social groups. Programs for adults 55 years and older. Computer classes are available for a fee.

Doon Pioneer Park Community Centre

150 Pioneer Dr., Kitchener
519-741-2641

Provides programs for pre-schoolers, soccer and basketball for children ages 5-12 years, youth drop-in, aerobics and yoga for adults.

Forest Heights Community Centre

1700 Queens Blvd., Kitchener
519-741-2621

Offers social and recreational activities; programs for pre-schoolers, youth, adults, seniors; parent and child program, drop-in programs.

Forest Heights Community Library

251 Fischer-Hallman Rd., Kitchener
519-743-0644

Offers reading and audio visual material.

Grand River Stanley Park, Community Library

Grand River Collegiate Institute,
175 Indian Rd., Kitchener

519-896-1736

Offers reading and audio visual material.

Kitchener Public Library Main Branch

85 Queen St. N., Kitchener
519-743-0271

Offers reading and audio visual material. Programs for children. Access centre for people with disabilities. Homework assistance for senior elementary students and high school students.

McCormick Community Library *

Albert McCormick Community Centre,
500 Parkside Dr., Waterloo
519-886-1310 ext. 213

Offers reading and audio visual material. Programs for children.

Mill-Courtland Community Centre

216 Mill St., Kitchener
519-741-2491

Offers social and recreational programs for all ages: preschool, youth, adults and seniors. Other services include a Clothing Room, Toy Library, and Good Food Box. Outreach Worker available.

Pioneer Park Community Library

150 Pioneer Dr., Kitchener
519-748-2740

Offers reading and audio visual material.

Stanley Park Community Centre

505 Franklin St. N., Kitchener
519-741-2504

Offers recreational activities and programs for preschoolers, youth, adults, seniors; aerobics, multimedia art advanced, basketball.