

3.0 Health Status

The health status of Brant County residents is extensively documented in the 2001 *Brant County Health Status Report*. Summary indicators including premature loss of life, life expectancy, and overall age standardized rates of mortality indicate that the health status of Brant County residents is poorer than that of Ontario residents in general.

Overall Health Status: Self-Rating

The first question of the Health Component in the 1996/97 Ontario Health Survey asked: "Generally, how would you say your health is?" Respondents were given five choices for a response, ranging from 'poor' to 'excellent'. The results indicated that over 60% of people, in Brant-Haldimand-Norfolk (BHN) and in Ontario, reported their health to be 'very good or excellent'. There were no statistically significant differences between Brant-Haldimand-Norfolk and Ontario in the self-reported health status for either males or females. However, in Ontario, the proportion of females rating their health as 'poor/fair' was statistically significantly higher than the proportion of males, even though the difference between the two sexes was small. There were no other significant sex-specific differences in either Ontario or Brant-Haldimand-Norfolk.

As could be expected, the proportion of individuals rating their health as 'poor/fair' increased with age, while the proportion rating their health as 'very good/excellent' decreased with age.

Another measure of health status is the Health Utility Index, which was also measured in the Ontario Health Survey 1996/97. The Health Utility Index (HUI) is a generic health status index that is able to combine both quantitative and qualitative aspects of health. It provides a description of an individual's overall functional health, based on eight characteristics: vision, hearing, speech, mobility (ability to get around), dexterity (use of hands and fingers), cognition (memory and thinking), emotion (feelings), and pain and discomfort.

Consistent with self-reported health status, there was no statistically significant difference in the Health Utility Index scores between Brant-Haldimand-Norfolk and Ontario. Nor were there differences between males and females in Brant-Haldimand-Norfolk or Ontario.

Premature mortality and life expectancy

Between 1994 and 1996, the average annual life expectancy for males and females for most ages was lower in Brant County than in Ontario. On average, life expectancy from birth was 75 years for males and 81 years for females. Males and females that reached 75 and 80 years of age, respectively, had an additional life expectancy of approximately 9 years.

Approximately 80% of all deaths in Brant County, between 1993 and 1997, were attributed to four broad categories of causes: diseases of the circulatory system, cancer, diseases of the respiratory system, and injuries and poisonings. Between 1993 and 1997 in Brant County there was little change among the crude mortality rates for each of these categories.

In 1997 there were fewer than five deaths among youth aged 10-19 in Brant County, accounting for less than 0.5% of all deaths in Brant County in that year. Between 1993 and 1997, injuries were the leading category of death among youth aged 10 to 19 in Brant County, accounting for 15 of the total 26 deaths in this age group. More than two-thirds of

the deaths from injuries affected male youths. Among the 15 injury-related deaths, 10 resulted from motor vehicle collisions.

In Ontario in 1997, there were 450 deaths among youth aged 10-19 (305 males and 145 females), which accounted for 0.6% of all deaths in Ontario in that year. Approximately 60% of these deaths in Ontario were attributed to injuries (half of which resulted from motor vehicle collisions and a quarter of which resulted from suicide). Additionally, 11% of Ontario deaths among youths in 1997 were attributed to cancers of various types.

In 1997, in Brant County, there were 50 deaths among adults aged 20 to 44 (36 males and 14 females), which accounted for approximately 5% of all deaths in Brant County in that year. Injuries were the leading category of death among Brant County adults in this age group accounting for 40% (20 deaths) of all deaths in this age group. Nearly all of the deaths from injuries occurred among males: eight from injuries involving motor vehicles and seven were attributed to suicide. Cancer was the second leading category of deaths among this age group, accounting for 16 deaths (9 males and 7 females).

In Ontario, in 1997, there were 3,750 deaths among adults aged 20-44 (2,517 males and 1,233 females), which accounted for approximately 5% of all deaths in Ontario in that year. Approximately 34% of these deaths in Ontario were attributed to injuries (more than one-third were attributed to suicide and more than one-quarter were attributed to motor vehicle collisions). Additionally, 23% of Ontario deaths among these adults were attributed to cancers of various types, and 12% were attributed to diseases of the circulatory system.

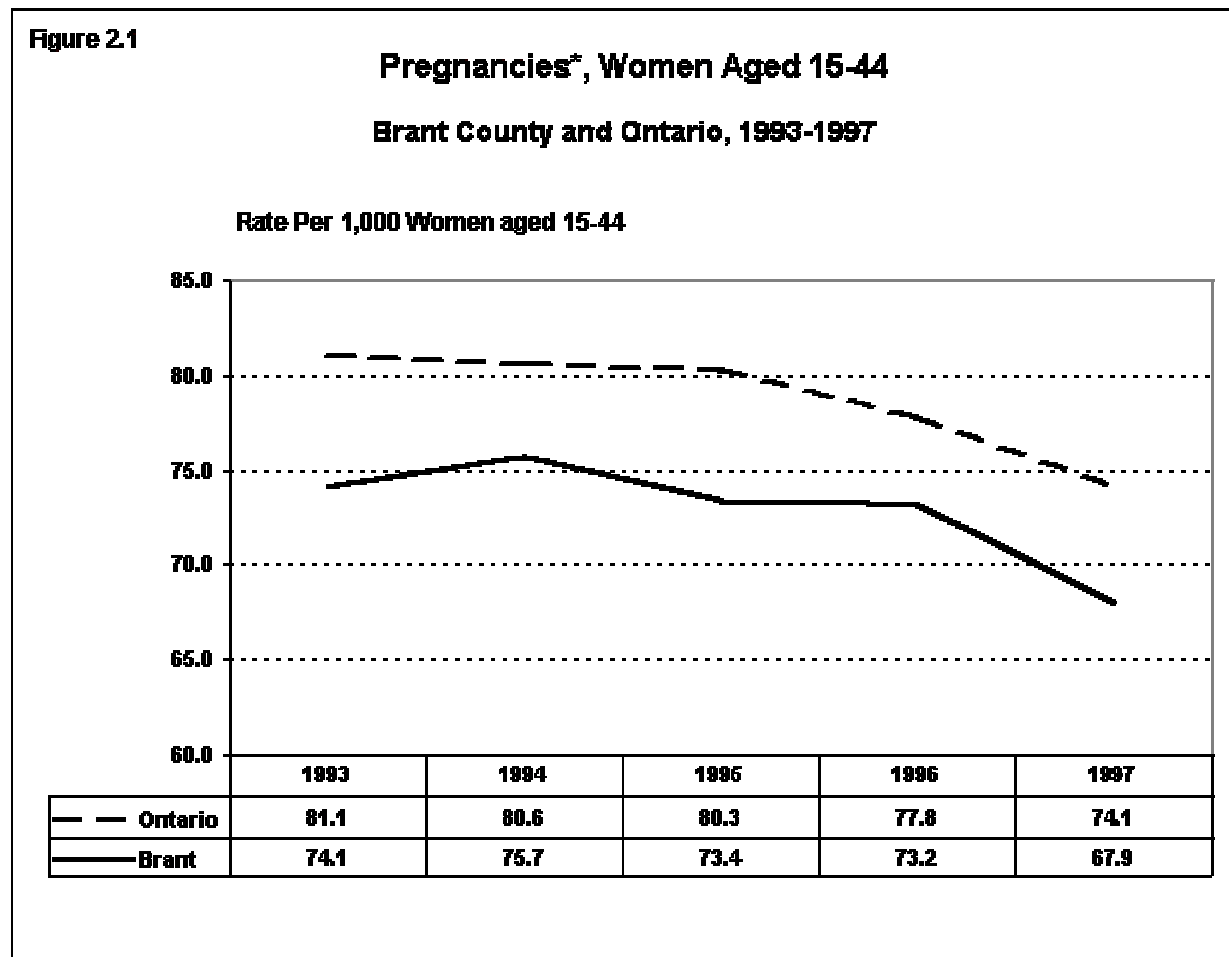
Hospital Admissions

In 1998/99 in Brant County, there were 634 hospital admissions for youth aged 10-19 – 51% or 325 of these were for females. In addition, there were 158 hospital admissions attributed to ‘Complications of Pregnancy, Childbirth and the Puerperium’. These accounted for 20% of the overall total hospital admissions for youth aged 10-19 and, specifically, 32.7% of the female hospital admissions in this age group. The leading category for females in this age group (not including pregnancy and childbirth) was ‘Mental Disorders’ followed by ‘Diseases of the Digestive System’ and ‘Injury and Poisoning’. For females, the leading specific causes of hospital admissions were mainly attributed to: ‘neurotic and personality disorders’, schizophrenic psychoses and asthma. For males in this age group, ‘Injury and Poisoning’ was the leading category followed by ‘Diseases of the Digestive System’ and ‘Mental Disorders’. For males in this age group, the leading specific causes included: ‘neurotic and personality disorders’, ‘intracranial injury’ and appendicitis.

Sexual, reproductive health and teen pregnancy

Between 1993 and 1997, in Brant County, the overall pregnancy rate for women aged 15 to 44 was consistently below the provincial rate (Fig. 2.1). Between 1993 and 1996, Brant County had substantially higher teen (aged 15 to 19) pregnancy rates than Ontario (Fig. 2.4). In Brant County, teen pregnancy rates rose in the middle 1990s, increasing from 57/1,000 in 1993 to 59/1,000 in 1996 (Fig. 2.4). The Brant County teen pregnancy rate was 17% higher than the provincial rate in 1993, and 28% higher in 1996. Furthermore, the teen pregnancy rate in Brant County was higher than any of the other Health Unit Areas in Central Western Ontario in 1996, including: Niagara Region, Waterloo Region, Haldimand-Norfolk Region, Halton Region, Hamilton-Wentworth Region, and Wellington-Dufferin (Central West Health Planning Information Network, 1999). In fact, teen pregnancy rates

were higher in Brant County despite the fact that overall pregnancy rates (women aged 15 to 44) were lower than the Ontario average (Fig. 2.1) during these years.



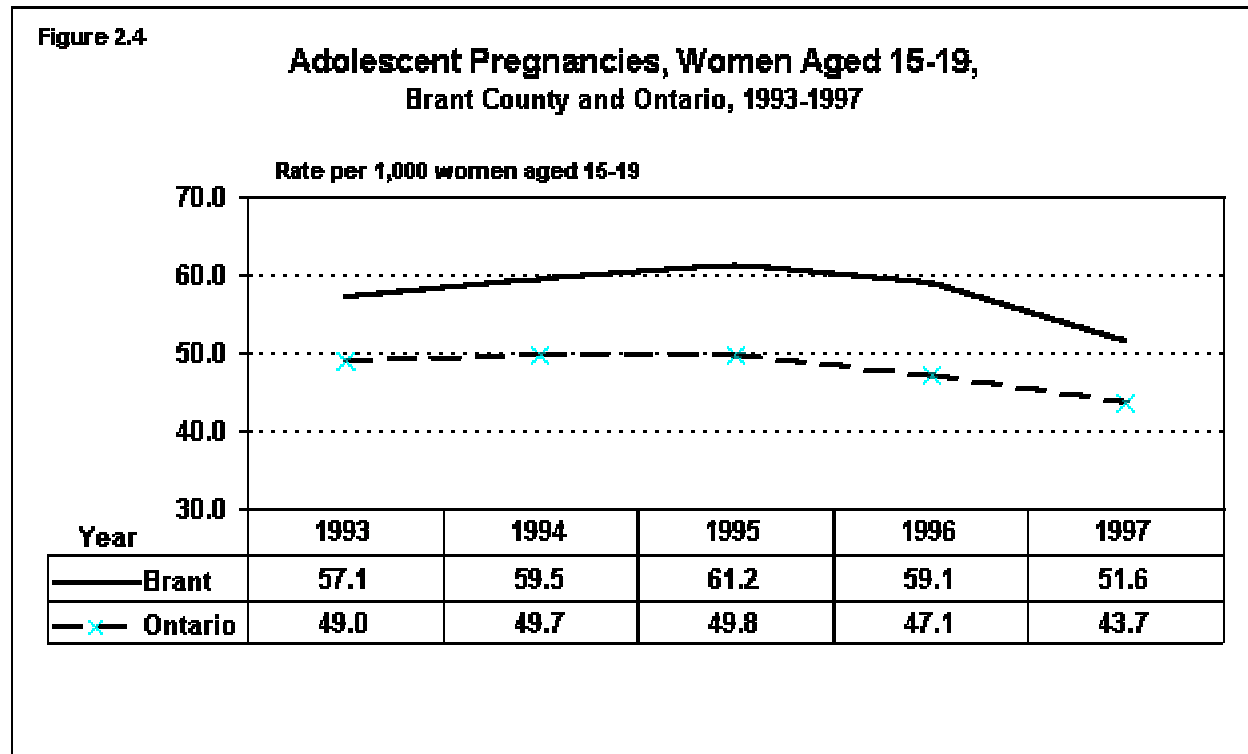
* Sum of live births, therapeutic abortions, stillbirths, miscarriages, and ectopic pregnancies. Brant County excludes Six Nations and New Credit residents except for therapeutic abortions. Miscarriages and ectopic pregnancies estimated for first third of 1993. Sources: Ontario Reproductive Outcomes and Population Databases, Ontario Ministry of Health and Long Term Care, 1999/2000; and Provincial Health Planning Database – Inpatient and Day Surgery Data, 1999.

There are several reasons for concern regarding the incidence of teen pregnancies:

- Teen mothers are more likely to have low birth weight babies, who are at greater risk for a wide variety of chronic illnesses and who are at greater risk of death during the first year of life. In 1997, eight percent of teens had a low birth weight baby, compared to six percent low birth weight overall in Brant County.
- A teen may delay getting prenatal care and because she is still growing herself, is at risk for becoming undernourished.
- Teenagers are less likely to have a permanent partner. In 1997, 6% of teenage mothers in Brant County were married, compared to 72% of all mothers. Approximately, 95% of

teenage mothers were single, compared to 28% of all Brant County mothers who gave birth in 1997³.

- Both young mothers and fathers are still in the midst of their formative years, in the middle of their secondary school education, and at a stage in their life when they are just beginning to develop their own sense of independence. If their education is interrupted and/or if they do not have adequate social supports, they run the increased risk of ending up in lower paying jobs or being unemployed, setting the stage for a lifetime of poverty.



* Sum of live births, therapeutic abortions, stillbirths, miscarriages, and ectopic pregnancies. Brant County excludes Six Nations and New Credit residents except for therapeutic abortions⁴.

In 1997, teen pregnancy rates dropped throughout the province, and the decrease in Brant County surpassed the relative decrease in the provincial average, bringing the rates in Brant County closer to the provincial rates than they had been at any time throughout the mid 1990s. There is no well-established explanation for this drop in Brant County, and hospital discharge data suggests that rates may have started to rise again in 1999 (Central West Health Planning Information Network, draft December 2000). The Brant County rate was still above the provincial rate in 1997 (Fig. 2.4). Furthermore, in 1997 the teen pregnancy rate in Brant County was also higher than the objective in the Mandatory Health Programs and Service Guidelines, which is to reduce the teen pregnancy rate to 40/1,000 by the year 2005 (Table 2.1).

³ Ontario Live Birth Data Base, Ontario Ministry of Health, 2000. Excludes Federal Territories and unknown marital status

⁴ Ontario Reproductive Outcomes and Population Data Bases, Ontario Ministry of Health and Long-Term Care, 1999-2000; and Provincial Health Planning Database – Inpatient and Day Surgery Data, 1999.

Among the reproductive outcomes that comprise teen (15-19 year old) pregnancies, between 1993 and 1996 in Brant County, for every three live births there were two therapeutic abortions. The rate of miscarriages, ectopic pregnancies and stillbirths remained low throughout the 1990's among teenagers in Brant County.

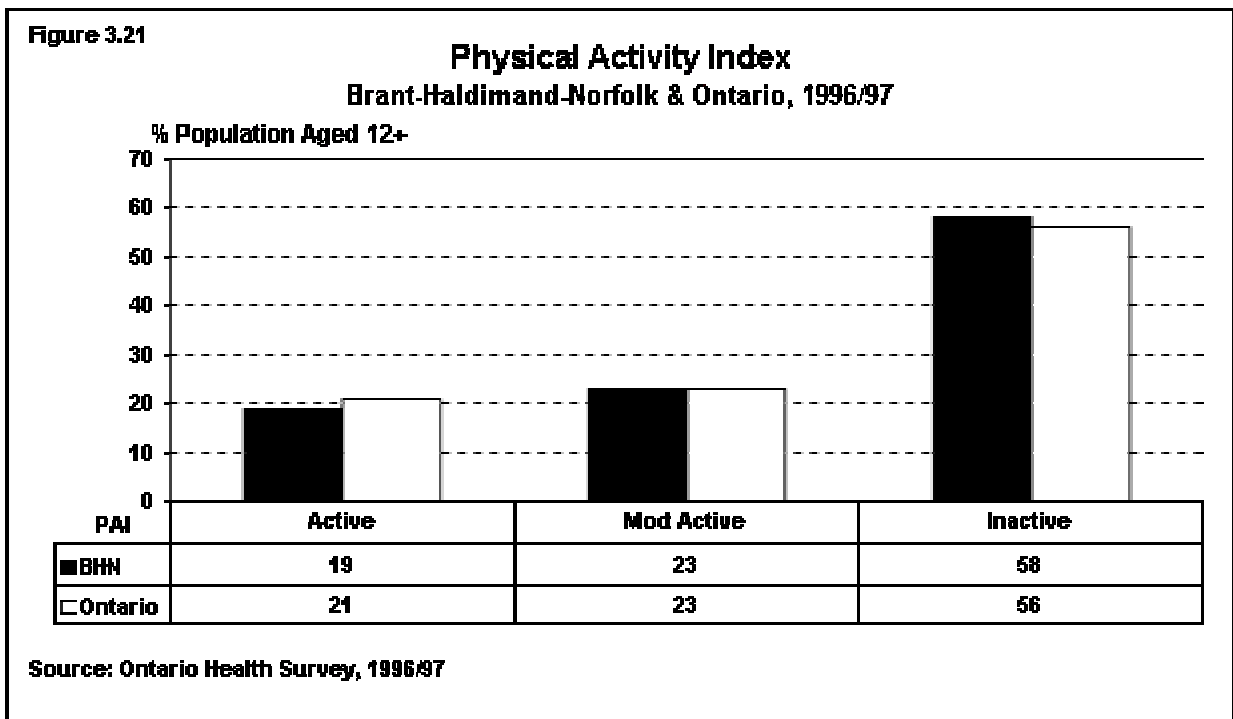
Changes to Improve Health

There is evidence that people do change their behaviours and make their lifestyle healthier. Approximately 50% of the population aged 12 and older, in Brant-Haldimand-Norfolk (BHN) and Ontario as a whole in 1996/97, stated that they did something in the previous year to improve health. The most important change they made was to exercise more. However, a notable proportion lost weight and changed their eating habits; and a small proportion smoked less

Levels of Physical Activity

Physical activity has been shown to reduce the risk of premature morbidity and mortality, particularly in relation to cardiovascular disease, hypertension, osteoporosis, cancer and diabetes. Another benefit of physical activity is weight control. In addition, physical activity is associated with positive mental health and decreased stress, leading to increased self-confidence and an improved sense of well-being.

The Physical Activity Index is used to categorize energy expenditure, which is based on the types of leisure-time physical activity, the frequency of each activity, and the average duration of each activity. In 1996/97, there were no statistically significant differences overall between Brant-Haldimand-Norfolk (BHN) and Ontario in the physical activity index. Almost 60% of the population was found to be inactive



Weight, Nutritional Status and its Impact on Teens

A 2001 study on student health, carried out by the Brant County Health Unit, surveyed 789 Brant County students on 42 questions related to eating behaviours, alcohol use, gambling, smoking and sexual health⁵. The survey revealed that, in Brant County, poor eating habits increase as students get older. By grade 11, almost 28% of those students surveyed reported their eating habits were less than good, compared to 6% in grade 5, 11% in grade 7 and 17% in grade 9.

The proportion of students feeling they needed to lose weight nearly doubled between grade 5 (27%) and grade 11 (50%). And, approximately one third of all students surveyed were concerned about the amount of fat in the foods they were eating.

Tobacco and Alcohol Use

Despite the general awareness that smoking is detrimental to health, a quarter of the population of Ontario aged 12 and older indicated that they smoked in 1996/97. There was no difference in the proportion of occasional smokers between Brant-Haldimand-Norfolk (BHN) and Ontario at that time. However, the proportion of daily smokers was statistically significantly higher in BHN (25%) than Ontario (21%) in 1996. In both BHN and Ontario in 1996/97, the proportion of daily smokers aged 12 and older was statistically significantly higher among males than females. In addition, the proportion of male daily smokers was statistically significantly higher in BHN than Ontario.

Excessive alcohol consumption may lead to serious social and health problems. Social problems associated with excessive alcohol consumption include unemployment, domestic violence, and mental health problems⁶.

In 1996/97, more than 70% of the population aged 12 and older in Brant-Haldimand-Norfolk (BHN) and Ontario as a whole were 'current drinkers', reporting that they had at least one drink in the past year. In that year, approximately half of all Ontario residents aged 12 and older drank alcohol at least once per month, while approximately 18% drank more frequently than once per week. Over a quarter of BHN and Ontario residents were former drinkers or abstainers.

⁵ Brant, Haldimand-Norfolk *Student Health Survey: Highlights*, Brant County Health Unit & Haldimand-Norfolk Health Unit, November, 2001.

⁶ Report on the Health Status of the Residents of Ontario, 2000

4.0 Social Issues

Impact of Lower Education Levels

Statistics from the 2001 Census indicate that the population of Brant County continues to achieve lower levels of education, on average, compared to the rest of Ontario. Forty per cent (40%) of residents had not completed a high school diploma compared to 33% for Ontario. Higher education levels are generally associated with improved health and economic opportunity.

Improved Employment and Working Conditions

The unemployment rate has continued to drop and is slightly lower (8%) than for the rest of Ontario (9%). Generally, unemployment has decreased in Brantford and area since 1996. In 2001, job opportunities improved, especially within the service sector, and for women⁷. The unemployment rate for 15-24 year olds (18%) continues to be higher than the rate for the total population over 15 years of age. Figures for Brant County differed from the rest of Ontario in that more females aged 15-24 years were unemployed (19.8%) compared to young men in the same age group.

Employment provides opportunity, access to resources and can contribute to a personal sense of well being. Similarly, working conditions and type of work can significantly impact on the level of exposure to health risks such as second hand smoke or work place injury, and access to benefits, such as extended health insurance. The 2001 Census indicates that the labour force participation rate in Brant County has consistently stayed at or just above the provincial average for Ontario since 1996.

Poverty and Low Income Neighbourhoods

Income is closely tied to employment, type of employment and market demand. Access to income and its distribution are factors that influence health and overall quality of life. Although Brant County is below Ontario on all income indicators, the one exception is the incidence of low income. Low-income families are at an increased risk of poverty as they have fewer financial reserves to deal with higher costs of living. Quality of life and personal health are both directly linked to poverty. A low-income family is generally defined as those who must spend too large a proportion of their income on basic needs such as food and shelter. In Brant County, single parent families are at greatest risk for low income.

Neighbourhood data gathered by the Brant County Health Unit in 2000 suggest that it cannot be assumed that income is distributed equally across neighbourhoods or areas of Brantford and the County of Brant. For example, in 1996 the average (husband-wife) family income of residents living in Eagle Place was \$12,193 lower than that for an average family in Brantford⁸. Income distribution has been identified as a significant factor in overall health status.

Inadequate Affordable housing

On average, the housing stock in both Brant County is somewhat older than the provincial stock with 29% of Brant County housing having been built before 1946 as compared to 19 % of

⁷ Brant-Haldimand-Norfolk HRCC. BHN Labour Market Survey, 3rd Quarter, 2001

⁸ The Victoria Order of Nurses & Brant County Health Unit, 2000. *Health Related Needs Assessment: A Benchmark for Planning the Nurse Practitioner's Role in Eagle Place.*

provincial housing (Fig. 1.17). However, while the average home in Brant County may be older, it is more likely to be owned. In 1996, 70% of the homes in Brant County were owned compared to 64% across Ontario. In Brant County, ownership levels were lowest in the most urban area with the City of Brantford having an ownership level of 65% and highest in the more rural areas with both Onondaga Township and South Dumfries having ownership levels over 90%.

Overall, population growth is forecasted to continue in an upward trend for both the City of Brantford and County of Brant. The municipal *Supply and Demand Analysis Report (April, 2003)* anticipated that an average of 584 new housing units per year will be required over the next twenty years just to keep up with the demand for housing of all types. It noted that the rate of residential development is keeping pace, but is not providing the range of units required. There is a specific concern that the demand for units to house those at the lower end of the income scale will continue to increase while supply of such units will decline.

Growing Demands for Seniors Housing

The population is not only growing, but getting older on average. This trend suggests there will be an increasing requirement for housing of all types for seniors living throughout the Brantford/Brant County area. The importance of staying in one's own community supported by adequate and affordable housing and appropriate support services is increasingly a concern. A lack of such capacity in many of the rural areas of Brant County is also highlighted in the April, 2003 supply and demand study.

Housing for Youth 16-18

The Youth Resource Centre (YRC) is currently the only service providing supports and housing alternatives to homeless youth and those at risk of homelessness. Providing both a residential and non-residential support component, the YRC serves youth aged 15 to 19 years of age. A key objective of the YRC is to promote reconciliation with the family. Where this is not possible, these youth receive help in accessing affordable housing. The current low vacancy rate for rental units, combined with a high level demand for such units frequently places area landlords in a position of picking and choosing their preferred tenants. Youth between 16-18 years of age and who have left home are particularly vulnerable because they are too old to receive support from the Children's Aid Society. And, generally, youth are also not a good risk as tenants by many landlords, given it is often difficult to claim or collect for damages that youth may make to their properties.

Meeting the Growing Demand for Affordable Student Housing in Brantford

There has been rapid growth and expansion of the Wilfrid Laurier University Brantford campus in the downtown core area. The university anticipates that, within the next two years, there will be a shortfall of no less than 300 units. The low vacancy rates in area rental markets and rising rental costs will likely make it very difficult for the existing private market to meet the need for student housing.

Need for Social support

Support from families, friends and communities is important in times of stress, helps in the attainment of the basic prerequisites of health (such as food, housing, clothing), and contributes to a sense of well being. In 2002, the Brant County Health Unit and Grand River District Health Council conducted a series of focus groups throughout Brant County as part

of a Health Goals Framework study. Two of the focus groups involved youth and senior perspectives. Participants were asked to talk about the social supports they felt were most needed in the Brant community⁹. Their responses were as follows:

Youth identified issues: teen pregnancy and parenting; income/employment/training; support and guidance; transportation; lack of knowledge about volunteering.

Senior identified issues: home support; transportation; finding family doctor; access to information; accessible and affordable housing options; volunteerism.

⁹ Grand River District Health Council & Brant County Health Unit. *Community Consultation Final Report: Report of the Brant County Health Goals Task Force*. September, 2002.

5.0 Local policies and initiatives affecting senior and youth issues

An analysis of local policies and initiatives affecting senior and youth issues in Brant County was undertaken. While there has been much focus on the early years and pre-teen youth, there has been comparatively little planning or local policy emphasis on teenagers and young adults. The seniors' population has, likewise, been paid limited attention.

Our review of Brant focused reports relating to youth and/or seniors identified four recent planning documents. These included:

- City of Brantford Recreation Master Plan (Youth Task Force - 2001)
- Brant County Health Goals Framework (Brant County Health Unit, Grand River DHC, 2002)
- City of Brantford and Brant County Affordable Housing Strategy (Housing Department, 2003)
- Community Action Plan for Homelessness (Brant Community Advisory Board on Homelessness, 2003)

These reports include a discussion of youth and senior identified community issues, including:

- 1) Youth identified issues: teen pregnancy and parenting; income/employment/training; support and guidance; transportation; lack of student housing for WLU and Mohawk College students; lack of knowledge about volunteering.
- 2) Senior identified issues: home support; transportation; finding family doctor; access to information; accessible and affordable housing options; volunteerism.

The Brant County Health Goals Framework also includes specific community goals for 'health teens' and 'healthy seniors'. These goals align effectively with the concept of social and economic inclusion. They include:

Goal: Healthy Teens

- a. *Teens have the means to effectively address their health, social, educational, recreational, cultural, spiritual, and community needs.*

Measures of this goal include:

- The % of Brant teens with access to comprehensive healthy relationship skills is increased.
- The % of Brant teens actively participating in health lifestyles and practicing health behaviours is increased.
- The % of teens with positive mental health and coping skills is increased.
- An increased % of teens have parents who cope well with their teenager's life stage.
- The number of teen forums in the school and community is increased.

- b. *Teens have growing opportunities for social, educational, recreational, cultural and sporting competencies.*

- An increased number of recreation opportunities are accessible in Brant.
- An increased number of recreation opportunities in Brant are appropriate for teens.
- The diversity of recreational opportunities is increased.

- The number of appropriate cross-sectoral programs and services is increased.
- Promotion of lifelong physical activity as part of the school curriculum is increased.

c. The community's schools and public infrastructure is increasingly focused on the needs, capacities and energies of teens.

- The importance of reducing risk taking by teens is an increasingly important strategy of municipalities.
- The number of after-hours programs for teens in Brant schools is increased.
- The number of teen appropriate outlets in the community is increased.
- The % of teens with access to transportation is increased.

Goal: Healthy Seniors

a. Seniors' health, social engagement, and social connectedness is promoted and enhanced.

- The number of intergenerational programs is increased.
- The % of seniors with access to caregiver supports is increased.
- The % of Brant seniors engaged in active living lifestyles and behaviour is increased.
- The % of seniors with good dental health is increased.
- The % of seniors who feel they make a meaningful community contribution is increased.
- The % of seniors with safe home environments is increased.
- The % of seniors making wise consumer choices is increased.

b. Community infrastructure is increasingly focused on health promotion needs and opportunities for seniors in the community, residences and in institutions.

- Increased public transit for seniors is available.
- All seniors living in Brant have access to adequate income.
- All seniors living in Brant have access to affordable housing.
- The % of seniors with safe neighbourhood environments is increased in the City of Brantford and the County of Brant.
- The number of community volunteer opportunities for seniors is increased in the City of Brantford and the County of Brant.
- The number and diversity of community volunteer programs is increased.

6.0 Organizations Focusing on Senior and Youth Issues in Brant County

Section 6.0 of the Brant Community Profile provides a listing of organizations and community groups that involve or work with seniors and youth throughout Brant County. Information on the nature of the organization, its focus, and services provided, or activities undertaken have also been gathered as part of the inventory.

SENIORS BASED ORGANIZATIONS

Organization	Address	Address2	City	Prov	Postal Code	Phone#	Notes
Adult Recreation Therapy Centre	408 Henry Street	P. O. Box 81	Brantford	ON	N3S 7W1	(519) 753-1882	Social and Recreational and Therapeutic activities for adults with physical disabilities and frail elderly. Communication programs for stroke. Respite for caregivers
Agape Food Bank	R. R. #1		Oshweken	ON	N0A 1M0	(519) 445-0442	Food
Alzheimer Society of Brant	101 Brant Avenue		Brantford	ON	N3T 3H4	(519) 759-7692	A non-profit organization offering support to persons with Alzheimer disease or related dementia and their families and caregivers. Meetings offered at the office - counselling, respite care, friendly visiting, wandering person registry, education, lending library, support groups, Walk a Friend
Alzheimer's Day Centre	John Noble Home Day Care	97 Mt. Pleasant Street	Brantford	ON	N3T 1T5	(519) 754-4065	Program for seniors with memory problems. Owned and operated by the city of Brantford and the county of Brant. Designed and built for dementia patients. Offers outings, activities, socialization and therapeutic programs
Army, Navy and Air Force Veterans of Canada	645 Colbourne Street East		Brantford	ON	N3S 3M8	(519) 753-9755	An ex-servicemen's club serving the community through charitable contributions. President Edward Skokun at 753-9755
B.I.T.S. Brant Integrated Transportation Service	140 West Street		Brantford	'ON'	N3T 5N9	(519) 756-2170	Door-to-Door Transportation for seniors and persons with disabilities
Beckett Buddies Club	7 Bain Street		Brantford	ON	N3T 6B9	(519) 753-1039	
Brant and Brantford Housing Authority	#210-233 Colbourne Street		Brantford	'ON'	N3T 2H4	(519) 759-6100	Rent geared to income - housing for seniors, single individuals, families and persons with disabilities, Nursing and home support

Organization	Address	Address2	City	Prov	Postal Code	Phone#	Notes
Brant Artillery Gunners Club Unit 60	115 Henry Street		Brantford	ON	N3S 5C6	(519) 753-8128	An ex-servicemen's club serving veterans and providing social, recreational and charitable activities
Brant Community Care Access Center	274 Colbourne Street		Brantford	ON	N3T 2H5	(519) 759-7752	A single point of information and resources on health care and support services in the community
Brant County Community Legal Clinic	1100 Clarence Street South	Suite 203	Brantford	'ON'	N3S 7N8	(519) 759-6100	General legal information, Specific legal representation for low income residents
Brant Men of Song			Brantford	ON		(519) 759-3442	A male choir presenting opportunities to participate in local and area wide concerts.
Brant Naval Veterans Association (The Navy Club)	54 Wadsworth Street		Brantford	ON	N3T 5R7	(519) 752-2658	An ex-servicemen's club providing services to veterans and helping the community.
Brant Towers Club	5 Fordview Crt.		Brantford	ON	N3T 5W8	(519) 752-5237	Contact Tom Trakas
Brantford Air Force Club	144 Grey Street		Brantford	ON	N3S 4W1	(519) 753-0348	Provides social, charitable and fundraising activities
Brantford Public Library Lending Library for Shut-	173 Colbourne Street		Brantford	'ON'	N3T 2S8	(519) 756-2220	Service is free, Delivery, Form to complete
Brantford Seniors Centre	219 Colbourne Street		Brantford	ON	N3T 2H2	(519) 756-3261	An organization that is dedicated to the enjoyment, knowledge and companionship of seniors. Many activities such as fitness classes, snooker, bridge, dancing, etc. Many interesting and instructive classes on painting, etc. The cafeteria provides reasonable priced lunches.
Bereavement Families of Ontario	325 West Street, Suite 201		Brantford	'ON'	N3R 6B7	(519) 752-4104	Support for bereaved families
Burford Senior Citizens Club	137 King Street	United Church	Burford	ON		(519) 449-5062	Contact Joy Potter

Organization	Address	Address2	City	Prov	Postal Code	Phone#	Notes
Canadian Red Cross Society	25 William Street		Brantford	ON	N3T 3K3	(519) 753-4189	Homemaking/personal care, Life call - 24 hour emergency response, Household support (no personal care), Meals on Wheels, Volunteer transportation, Widow Support Group, Home Maintenance
Care Network	c/o Brant Community Care Access Centre	274 Colbourne Street	Brantford	'ON'	N3T 2H5	(519) 759-7752	Goal - to facilitate and promote the development of coordinated county wide palliative care services and education
Catholic 50 Club	Wood Street		Brantford	ON			St. Pius church hall - Meets on the second Thursday of the month
Charlotte Street Seniors	25 Charlotte Street		Brantford	ON	N3S 2B8	(519) 759-1487	Seniors activities including penny bingo Mondays and dancing Fridays - Contact Pauline Stonham, 41 Acorn Lane
Dealing with Your Feeling	Beckett Glaves Family Funeral Centre	88 Brant Avenue	Brantford	'ON'	N3T 3H3	(519) 752-4331	10 week bereavement program
Distress Alert	49 Charlotte Street		Brantford	'ON'	N3T 2W4	(519) 759-6820	Medical alert system for the elderly or persons living alone
Dufferin Lawn Bowling Club	158 St. Paul Ave		Brantford	ON		(519) 756-6494	
Dunsdun Seniors Club	9 Tollgate Rd.	Dunsdun Legion	Brantford	ON	N3R 4Z4		
Dunsdun Legion, Aux. Branch 461	118 Powerline Road		Brantford	ON		(519) 751-0775	Provides services to our veterans and the community. - Contact Doreen Newton or Cheryl Potter
Eagle Place Club	333 Erie Avenue		Brantford	ON	N3R 3Z9		
Elder Care	100 Sheldon Drive #40		Cambridge	'ON'	N1R 7S7	(519) 622-1125	Private duty home and personal nursing for seniors
Ex-Imperial Veterans Social	117 Market Street		Brantford	ON		(519) 753-	A social club for British Veterans

Organization	Address	Address2	City	Prov	Postal Code	Phone#	Notes
Club						1751	
Jammin' with Joan			Brantford	ON		(519) 752-1694	Entertainment for children, seniors and non-profit organizations by Joan Minnery. Music circles for children, old-time songs for seniors and special needs persons. Guitar and background tracks.
Kayorie Manor Retirement Home	14 Nelson Street		Brantford	ON	N3T 2M5	(519) 759-7303	Retirement Home
King George Road Seniors Club	11 White Oaks Cres.	Greenbrier Church	Brantford	ON	N3R 5N8		
Kiwanis Brant County Lifeline	217 Terrace Hill Street	McClure Center	Brantford	ON	N3R 1G8	(519) 751-5820	A personal emergency response system for seniors and those with medical conditions
Knechtels	107-109 King Street		Burford	'ON'	N0E 1A0	(519) 449-5666	Grocery delivery for seniors on Thursday
Knechtels	6 College Street		St. George	'ON'	N0E 1N0	(519) 448-1333	Grocery delivery for Seniors on Wednesdays
Leisureworld Brantford Centre	389 West Street		Brantford	ON	N3R 3V9	(519) 759-4666	A bright and cheerful long-term care facility in downtown Brantford. Many activities: euchre club, ladies group, exercise program, church service.
Lifeline	217 Terrace Hill Street		Brantford	'ON'	N3T 1G8	(519) 751-5820	Personal emergency response system
Lions Park Club	Edge Street	Lions Park Auditorium	Brantford	ON	(519) 756-5091		
Living with Loss	Thorpe Funeral Home	96 West Street	Brantford	'ON'	N3T 3E7	(519) 759-2211	Bereavement program offered once a month
Lorne Towers Club	24 Colbourne		Brantford		N3T 1K3		
Magnolia Retirement Home	318 Dalhousie Street		Brantford	ON	N3S 3V7	(519) 751-7389	Retirement home offering quality care and services. Provides 24 hr nursing supervision, laundry and housekeeping, regular meals and snacks, attention to special diets, recreational activities, personal care

Organization	Address	Address2	City	Prov	Postal Code	Phone#	Notes
Operation Lift	140 West Street		Brantford	'ON'	N3T 5N9	(519) 756-2170	Door-to-door specialized public bus transportation to physically challenged and/or frail, elderly citizens with the County of Brant.
Paris Lawn Bowling Club	169 Grand River Street North		Paris	ON		(519) 442-7352	Contact John Anderson
Paris Meals on Wheels	22 Riverview Terrace		Paris	'ON'	N3T 5N9	(519) 442-3242	Meals (Wednesday and Friday) delivered within the town of Paris
Pine Tree Native Centre	25 King Street		Brantford	ON	N3T 3C4	(519) 752-5132	Provide holistic assistance to elderly and chronically ill. Volunteers provide visits, meals on wheels, home care, referrals and advocacy
Probus Club of Brantford			Brantford	ON		(519) 756-5538	A social group offering monthly meetings for retired and semi-retired professional businessmen Contact Ken Simmons
Raging Grannies			Brantford	ON		(519) 752-1849	A group of older women who sing educational and protest songs in an entertaining way - Contact Elizabeth Howe
Royal Canadian Legion	Dunsdun Branch 461	9 Tollgate Rd.	Brantford	ON	N3R 4Z4	(519) 752-6668	Offering help to needy veterans and their families
Royal Canadian Legion	Paris Branch 29	70 William Street	Paris	ON	N3L1L6	(519) 442-3788	Offering help to needy veterans and their families
Royal Canadian Legion	Brantford Branch 90	21 Oak Street	Brantford	ON	N3T 2A6	(519) 752-0832	Offering help to needy veterans and their families
Royal Canadian Legion	Burford Branch 543	P. O. Box 86	Burford	ON	N0E 1A0	(519) 449-5339	Offering help to needy veterans and their families
Royal Canadian Legion	Lynden Branch 500	500 Lynden Rd.	Brantford	ON	L0R 1T0	(519) 647-3403	Offering help to needy veterans and their families
Royal Canadian Legion	South Brant	P. O. Box 179	Oakland	ON	NOE 1R0	(519) 446-	Offering help to needy veterans and their families

Organization	Address	Address2	City	Prov	Postal Code	Phone#	Notes
	Branch 463					0011	
Royal Canadian Legion	St. George Branch 605	605 Main Street	St. George	ON	NOE 1N0	(519) 448-1462	Offering help to needy veterans and their families
Salvation Army - Family Service	23 West Street	P. O. Box 336	Brantford	'ON'	N3T 5N3	(519) 752-7814	Emergency assistance for food, clothing, furniture, and transportation
Scot-Oaks Seniors Club	Oakland Township Community Centre		Oakland	ON	NOE 1L0	(519) 446-2407	President - Marion Stratford, secretary - Velma Anderson
Six Nations Long Term Care	Box 5000		Oshweken	ON	N0A 1M0	(519) 445-4055	This program is for Native persons 60 years and over who wish to remain at home. Services include counselling, visits, safety checks, home maintenance, meals on wheels and recreation
St George Lawn Bowling Club	P. O. Box 366		St. George	ON			
St. John Ambulance	49 Dalkeith		Brantford	'ON'	N3P 1M1	(519) 752-9252	Local and out-of-town transportation, Regular and lift vans
Tefler Place Retirement Residence	245 Grand River Street North		Paris	ON	N3L 3V8	(519) 759-7750	The purpose of this organization is to provide in home health services to people who are ill or disabled. Services include: Wellness Service; Visiting Services; Health Maintenance Services; Visiting Homemaking Services; Volunteer Visiting Services; Foot Care Clinics; Nurse Practitioner Clinic.
Terrace Hill Lodge	254 Dalhousie Street		Oshweken	ON	N3S 3V2	(519) 752-1714	Retirement home
Ukrainian Seniors Club	100 Terrace Hill Street	St John's Church Hall	Brantford	ON		(519) 756-4522	President - Olga Warynski
Versa Care Centre of Brantford	425 Park Road North		Brantford	ON	N3R 7G5	(519) 759-1040	A multi-level facility with long-term care, assisted living and independent living. Ward, private and semi-private accommodations. A wide variety of activity programs and special events meeting the physical, cognitive, social and spiritual needs of residents. Services include; 24 hour care, dietary and professional nutrition services, laundry and house keeping, hairdressing and barber and restorative care.

YOUTH BASED ORGANIZATIONS

Adult Literacy Program	Market Square	Brantford	N3T 6C8	Education	(519) 752-4253	Literacy
Al-Anon, Adult Children of Alcoholics and Alateen	P. O. Box 26010	Brantford	N3R 7X4	Support	(519) 752-5981	Providing Relatives and friend of alcoholics the chance to share experiences
Assumption College School	227 Sheppard Lane	Brantford	N3T 5L5	Education	(519) 751-2030	School
Bell City Anglers		Brantford		Sports	(519) 756-9425	This fishing club is associated with the Ontario Federation of Anglers and Hunters. Promote fishing and youth conservation programs. - Contact Greg Neil
Booth Centre	187 Dalhousie Street	Brantford	N3T 2J6	Emergency Housing	(519) 753-4193	Offers support, housing (24 hours emergency and ongoing) meals to adult men 18 years and older
Brant and District Football Club		Brantford		Sports	(519) 753-0355	Football for ages six to 22. Contact Lori Curtis
Brant Youth Symphony Orchestra		Brantford		Arts	(519) 753-7403	The Brant Youth Symphony Orchestra is open to musicians over the age of 12 and comprises of string, percussion, woodwind and brass instruments. Open rehearsals will be held for new members in September Contact Joann Alho
Brantford Christian Collegiate	300 Fairview Drive	Brantford	N3R 7X5	Education	(519) 753-4900	School
Brantford Collegiate Institute & Vocational School	120 Brant Avenue	Brantford	N3T 3H3	Education	(519) 759-3210	School
Brantford Junior Badminton Club		Brantford		Sports	(519) 759-5556	Contact Edith Hayman - for players aged 9 to 18.
Brantford Minor		Brantford		Sports	(519)	Competitive hardball

Baseball						756-2176					
Brantwood Residential Development Centre	25 Bell Lane		Brantford	N3T 1E1	Support	(519) 753-2658				Residential care and support services for children and young adults who are developmentally and physically challenged	
CareerLink	Lower Level Market Square		Brantford	N3T 6C8	Employment	(519) 759-1412				Career Exploration - tools for job search are available	
Community Career Resource Centre	4 Andrew Street		Burford		Employment	(519) 756-7665				Career Resource Services located throughout the city and County - Burford, North Park Collegiate Portable, Paris District High School Portable, PJ Collegiate Portable	
Community Legal Clinic	1100 Clarence Street South	Suite #203	Brantford	N3S 7N8	Legal	(519) 752-8669	(519) 758-5329			Assisting resident with legal information and services. The clinic can help those with legal problems involving tenant protection, welfare rights, disability, EI workers compensation, human rights or the Canada pension plan.	
Contact Brant	164 Colbourne Street West		Brantford	N3T 1L2	Information and Referral	(519) 758-8228	(519) 758-9507			Providing information and an single point of access for children's and developmental services	
Continuing Education	80 Paris Road		Brantford	N3R 1H9	Education	(519) 759-1129				School	
Discovery	1100 Clarence Street South		Brantford	N3S 7N8	Employment	(519) 759-7852	(519) 759-2159			Computer software and employment training	
Enterprise Brant	330 West Street, Unit 10		Brantford	N3R 7V5	Self Employment	(519) 752-4636				Self employment program, etc.	
Family Counselling Centre of Brant	35 Wellington Street		Brantford		Counselling	(519) 753-4173				The family counselling centre of Brant is a counselling agency for individuals and families in Brant county. It is for children, teens, men and women.	
Grand Erie Learning Alternatives	100 Colbourne Street		Brantford	N3T 6E2	Education	(519) 753-6079				School	
Grand Erie Learning Alternatives	100 Dalhousie Street	City Centre Campus	Brantford		Education	(519) 753-6079				An education facility offering high school credit courses for those wishing to work toward a diploma. The school's programs enhance personal and employment opportunities.	

Human Resource Centre for Students	58 Dalhousie Street		Brantford	N3T 2J2	Employment	(519) 751-8161		Job Bank and employment opportunity
Human Resource Development Canada	58 Dalhousie Street		Brantford	N3T 2J2	Employment	(519) 751-6500	(519) 751-6529	Job Bank, Job Search tools available
Job Connect	Mohawk College	411 Elgin Street	Brantford	N3T 5V2	Employment	(519) 758-6011		Employment services for Ontario's youth employment programs and summer jobs services
Landsdowne Children's Centre	39 Mt. Pleasant Road		Brantford	N3T 1S7	Support	(519) 753-3153		Providing a number of professional and family support services for children with special needs.
Literacy Council of Brantford and District	173 Colbourne Street	(Brantford Public Library)	Brantford	N3T 2G8	Literacy	(519) 758-1664		Organization helps adults improve their literacy skills
North Park Collegiate & Vocational School	280 North Park Street		Brantford	N3R 4L1	Education	(519) 759-2560		School
Nova Vita Women's Services	59 North Park Street		Brantford	N3R 4J8	Support	(519) 752-1005		24-hour emergency shelter for emotionally and physically abused women and their children
Paris District High School	231 Grand River North		Paris	N3L 2N6	Education	(519) 442-4477		School
Pauline Johnson Collegiate Vocational School	627 Colbourne Street		Brantford	N3S 3M8	Education	(519) 756-1320		School
Six Nations/New Credit Lodge					Support	(519) 445-0216		A seven day - 24 hour counselling service for difficult young people between the ages of 12 to 18 years having trouble with their families.
St. George Minor Ball			St. George		Sports	(519) 448-3209		Contact Lynn Gilmour
St. John's College	80 Paris Road		Brantford	N3R 1H9	Education	(519) 759-2318		School

St. John's Drum and Bugle Corps			Brantford		(519) 759-3600		A marching and musical group for youth ages 11 to 21. The Corps performs throughout Canada and the USA
St. Leonards Community Services	133 Elgin Street		Brantford	N3T 5P9	Support	(519) 759-8830	A charitable human services organization actively contributing to the safety of the community by providing services and opportunities that promote responsible living for youth.
Teen Prenatal Classes	Brant County Health Unit	194 Terrace Hill	Brantford		Health	(519) 753-7377	Contact ext 259 - If you are pregnant between the ages of 12 and 19 years of age, call to register for this program
Telephone City Musical Society Concert Band			Brantford			(519) 753-6360	Performs concerts and teaches beginners to play brass, woodwind or percussion instruments. Contact Norm Rossignoli
Tollgate Technological Skills Centre	112 Tollgate Road		Brantford	N3R 4Z6	Education	(519) 759-3691	School
Training Visions	225 Colbourne Street	Suite #204	Brantford	N3T 2H2	Employment	(519) 756-5577	Employment Search Workshops
Wood view Children's Centre	233 Colbourne Street	Suite #200	Brantford		Support	(519) 752-5308	Main focus is on child and family counselling for children between 2 and 18.
Work for Me	44 King Street	Suite #203	Brantford	N3T 3C7	Mental Health - Employment	(519) 752-2998	A non-profit service of the Canadian Mental Health Association providing vocational support, employment preparation, advocacy and referrals for adults with mental health issues.
Working World Training Centre	435 Elgin Street	Unit 2	Brantford	N3S 7P5	Skills Training	(519) 753-1111	Offers a variety of computer software training programs, including workplace training
Youth Employment Centre	12 Market Street		Brantford	N3T 2Z4	Employment	(519) 756-7665	Assistance with resume writing, job search techniques, career exploration, faxing, photocopying. Internet access and much more.

7.0 References

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