

Job Search Training and Employment

Conestoga College, Institute of Technology and Advanced Learning Discover Your Future

- 150 Main St, Suite 402, Cambridge
Phone: 519-623-4890
- 108 University Ave E, Waterloo
Phone: 519-885-0300 ext. 5248

Academic Upgrading, Employment/Training
Readiness

John Howard Society of Waterloo-Wellington

Employment Programs: Cambridge Career Connections, Employment Ontario services,

40 Ainslie St. S., Cambridge

Phone: 519-622-0815

Information on employment and training

Kinbridge Community Association

- 200 Christopher Dr, 2nd Flr, Cambridge
Phone: 519-624-3855
- 241 Southwood Dr, Unit 1, Cambridge
Phone: 519-621-2930

Job Resource Centre: employment counselling,
job search

Lutherwood

Employment Services

165 King St E, Kitchener

Phone: 519-743-2460

Variety of free programs to assist people to
prepare for, secure and maintain sustainable
employment

Ray of Hope

Morning Glory Cafe/Bakery

256 King St E, Kitchener

Phone: 519-741-1995

Cafe and bakery provides training opportunities
for youth and adults 15-30 years

The Salvation Army

Community and Family Services

1-300 Gage Ave, Kitchener

Phone: 519-745-4215

Computer training and assistance for job
readiness

The Working Centre

Employment Services

58 Queen St S, Kitchener

Phone: 519-743-1151

Vocational counselling and assessment, job
search training

Woolwich Community Services Community Information Centre

73 Arthur St S, Elmira

Phone: 519-669-5139

Employment resource centre, job search,
resume services

Waterloo Region Small Business Centre

- Cambridge City Hall, 50 Dickson St, 1st
floor, Cambridge
Phone: 519-740-4615
- Kitchener City Hall, 200 King St W,
Kitchener
Phone: 519-741-2604
- Waterloo City Hall, 100 Regina St S, Main
Floor, Waterloo
Phone: 519-747-6265

Small business advice and information, free
professional counselling about starting or
developing small businesses

Waterloo Region Social Services

Department

Employment Ontario

- 235 King St E, 1st floor, Kitchener
 - 99 Regina St S, Waterloo
- Phone: 519-883-2101 ext. 5655

Women

Conestoga College Institute of Technology and Advanced Learning

Focus for Change

- 150 Main St, Cambridge
Phone: 519-623-4890
- 108 University Ave E, Waterloo
Phone: 519-885-0300 ext. 353

Women 19 years and over who are receiving
Ontario Works or Ontario Disability Support
Program benefits

Focus for Ethnic Women, Waterloo Region

145 Columbia St W, Unit 9, Waterloo

Phone: 519-746-3411

Skills assessment, employment preparation, life
skills, job search assistance and work placement
for women who are immigrants and visible
minorities

YWCA of Cambridge

Small Steps to Success

Cambridge Self Help Food Bank,

54 Ainslie St S, 2nd floor, Cambridge

Phone: 519-622-6550 ext. 104

Women 20 years and over seeking employment
or experiencing difficulty re-entering the
workforce

New Canadians

Kitchener-Waterloo Multicultural Centre

102 King St W, Kitchener

Phone: 519-745-2531

519-745-2593 (interpreters)

Employment services for new Canadians

Kitchener-Waterloo YMCA

Employment Services

800 King St W, 3rd floor, Kitchener

Phone: 519-579-9622

Newcomers to Canada who are unemployed.
Interpretation and limited translation services

First Nations

Anishnabeg Outreach

151 Frederick St, 5th floor, Kitchener

Phone: 519-742-0300 ~

Toll-free phone: 1-866-888-8808

Employment counselling, provides information
on and referral to education, training and
employment services for native people

People with Disabilities

K-W Habilitation Services

Community Placement Program

69 Sydney St S, Kitchener

Phone: 519-744-1272

Provides job search assistance to adults 18 and
over with developmental disabilities

**Canadian Hearing Society
Employment Assistance Services**

120 Ottawa St N, Kitchener
Phone: 519-744-6811 TTY: 1-888-697-3611
Job search training, employment planning, job development for individuals who are deaf, deafened or hard of hearing

**Canadian Mental Health Association
Grand River Branch
Centre for Mental Health**

- 67 King St E, Kitchener
Phone: 519-744-7645 ~
Toll-free phone: 1-877-627-2642
- 9 Wellington St, Unit 3, Cambridge
Phone: 519-740-7782

Bridging Employment Supports: needs identification, assessment and planning for those experiencing barriers to employment ~
Links To Work: job development, coaching and preparation

**Extend-A-Family Waterloo Region
Working Adults Learning Educational Skills**

91 Moore Ave, Kitchener
Phone: 519-741-0190 ext. 306
Employment preparation program for adults with developmental disabilities who have completed high school.

**Lutherwood
Employment Services**

165 King St E, Kitchener
Phone: 519-743-2460
ACE Program: job placement and self-employment coaching services for individuals 15-30 years with disabilities

**Community Living Cambridge
Job Track**

5 Manitou Dr, Unit 15A, Kitchener
Phone: 519-743-8111
Adults with barriers to employment (developmental, physical, or learning disabilities)

Community Living Cambridge - Community Networks

160 Hespeler Rd, Cambridge
Phone: 519-623-7490

Adults 18 and over with developmental disabilities

Ontario Disability Support Program

- Cambridge Place, 73 Water St N, 4th floor, Cambridge
Phone: 519-623-1230
Toll-free phone: 1-888-214-0738
- 715 Fischer-Hallman Rd, 3rd floor, Kitchener
Phone: 519-886-4700
Toll-free phone: 1-800-441-9820

Employment Supports Program: includes vocational counselling, individual support, assistive devices

Ontario March of Dimes—Waterloo Office

180 Kings St S, Suite 200, Waterloo
Phone: 519-579-5530
Employment services for individuals with disabilities

Job Search Training and Employment Resources



- Job Search Training and Employment
- Women
- New Canadians
- First Nations
- People with Disabilities

Link to:

 Community Services	 Settlement Services	 Services for Persons with Disabilities
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For more information, call, visit or email:



Community Information Centre
of Waterloo Region
151 Frederick St, Suite 300
Kitchener, ON N2H 2M2

Phone/TTY: 519-579-3800
Toll Free: 1-877-579-3859
Email: info@waterlooregion.org
www.waterlooregion.org